

# Spotlight on

S I G P E N R O S E R O O T S - L U T O N



## **Brief general overview of organisation**

Social Interest Group (SIG) is a leading UK charity providing bespoke person-centered social and health care services through SIG Penrose, SIG Equinox, SIG Pathways to Independence, SIG Safe Ground, and SIG Housing Trust. Our mission is to empower people who are marginalised by building powerful partnerships and creative solutions that bridge gaps in provision and aid recovery, reablement and resettlement.

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## **What has been your organisations greatest success in the journey to become eco-friendly?**

Teaching others how easy swaps to more ecofriendly products and actions.

Using recycled and donated items and then giving them a new life.

## **What has your organisation done to be more eco-friendly?**

Organisationally we are currently going through a green audit to establish ways as a whole charity of being greener and kinder to the environment, locally Penrose Roots offers access to our projects that are centered around the environment and reusing, repurposing and recycling, we have a recycle a bike workshop where we use donated bikes to teach individuals how to perform their own bike maintenance and then donate on to people who are in need.

Roots CBRS, based in Luton, has vast experience supporting people who face additional disadvantages and social isolation. Our non-clinical approaches focus on inclusion, recovery, and progression to benefit the local Luton community significantly.

Our set of award-winning services offers growing opportunities in every sense – providing easily accessible platforms to build skills, friendships, social networks, and community engagement while transforming antisocial and unused community spaces into positive green spaces that promote the community's social interests and well-being and enhance the area's biodiversity. Our garden sites are made up of sheds and items that are largely donated, from sheds to pot, even our kitchen was someone's garage at one point.

## **What challenges has your organisation faced in your journey to become eco-friendly?**

As a community garden it has been easy to be ecofriendly, we are lucky to have a lot of supporters that are happy to donate items to us, this stops items going to landfill.

Even some of our lunches have very little impact on the environment as the veg is grown on site.

The challenges have been around convenience as sometimes less ecofriendly ways are quicker and easier.

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## What are your top 3 tips for other organisations to be more eco-friendly?

1. Think before you order items that could be sourced second hand and locally, thinking of the impact on the environment before each purchase.
2. Think before you flush. We have a compost loo at the garden, very liberating!!
3. Change your cleaning products there are plenty out there that are natural and kind to the environment and do the same job.



Community  
Voluntary Service  
Strengthening local social action

